

4C's of Mindset

CHOICE

You have a choice about:
how you will feel
how you respond
and
how you will act.

COMMITMENT

Take your choice and make plans.
Take action.

CONFIDENCE

Believe you will succeed. Believe in yourself.
Step out of your comfort zone
and
embrace the mistakes along the way.

COURAGE

Take action
and
persist in your commitment
despite fear.